



# Tribo ni Bado

*“Be Courageous,  
Reach Out!  
Everyone  
Matters”*

Vol 43 Issue 4 OFFICIAL PUBLICATION OF THE ALPHA PHI OMEGA GREATER LOS ANGELES ALUMNI ASSOCIATION

April 2023



*APOGLA Volunteers of the 39th LA Marathon @Mile 13 Water Station along Sunset Blvd by Laugh Factory in Hollywood*

## ***The 2023 Los Angeles Marathon***

*By Bodgie Gapido*

**(Editor's Note:** APOGLA, with its spirit of volunteerism, once again served in the 2023 Los Angeles Marathon with 22,000 runners last March 19. The course, it's 39th this year, started from Dodger stadium to Century City. Brod Egay Ninofranco, who has been spearheading our service participation in the marathon all these years, was beaming with pride at the very obvious success of our involvement in the world famous marathon. Brod Bodgie Gapido, for the second time, joined this year's marathon and for the first time, shares with us his thrilling experience.)

Running, just like hiking, is not just a thing I do. I'm doing this to keep myself fit and to have fun while I still can. As you hit your stride, your brain releases your feel-good endorphins and you can imagine the euphoric feeling it elicits after a few minutes. As they say, it is the "runner's high". This is an activity where I find solitude and reconnect with nature. With this activity, I would always have my old reliable iPod handy. This just keeps me going. My stride will be in harmony with the music I'm listening to. This stimulates my mind, my ears, and movements with the beat or tempo of the music. You can push yourself to run longer and more efficiently. Whether you are focused on the lyrics or beats of your playlist, your running can be less boring and tedious and can even be more enjoyable and pleasurable. What a beautiful life to be having so much fun!

Running the marathon was a dream I had since the early 90's when I started volunteering at the Mile 13 Water Station manned by our then APOSCAA (now APOGLAA) but not until the last 2 to 4 years when the urge got stronger and the desire got intense. Seeing those runners of all "sizes" inspired my dream and saw it's fruition. If they can do it, so can I. And I always say to myself, time is not on my side, this has to be done. The question is how to start?

*Continued on page 4*



## ***PRESIDENT'S MESSAGE***

In most Asian cultures, the first 100 days is an important milestone—it signifies growth, good luck, and longevity! This was certainly the APO GLA theme for the 1st quarter of flight 2023!

To date, we have 100 paid members, and we continue to grow.

Our most recently completed, good luck-filled activity was the ever popular Buscapade. Thanks to the excellent planning, hard work and generosity of Ka-Chap Sis Irma, Tokayo Rene, Ka Ferds and Brod Alex! Super saya and Lahat panalo! I am always grateful not only to those who participated, but also to those who volunteered on the bus and donated to the cause. A hefty amount of dinero was raised as a result of this successful event!

When we speak of longevity, APO GLA's volunteerism in the LA Marathon always tops the list. This year certainly did not disappoint! For more than over 30 years, our GLA family, once again, showed up with the intent to share their time with the LA community in GLA only style! Lots of food, lots of good music c/o DJ Sancho, lots of camaraderie and siempre lots of photo-ops. I would personally say that the LA Marathon is already imbedded in our GLA lives! Parang Longest running soap opera! Salamat ng marami to our fearless chairmen Brod Domel and Sis Jen and of course, our Chairman emeritus, Ka Eggz!

I would like to wish safe travels and an enjoyable time to our APO Tacloban convention entourage headed by Sis Ophel. We know that you will represent GLA very well!

I'm looking forward to the upcoming events! The Memorial weekend annual camping is fast approaching, please help and support our chairman Bro Bernard Gopez and vice chair Lakay Art! Palista na kayo!

Our biggest fundraising event, the APO GLA Golf tournament will take place in August as announced by Co-chair Bro Eric Serrano (Co-chair Bro Ruel Umandal) I'm excited about this huge opportunity but also know that this entails quite a bit of hard work! We need everyone's support and participation!

Last but not the least, I am asking everyone to be mindful of what we say and post in our Viber group chat. We would like to be inclusive and maintain harmony in all our conversations. Let's keep flight 2023 turbulence-free...

In LFS,  
Bro. Rene Calvario  
APOGLA, President 2023



***“Be Courageous, Reach Out!  
Everyone Matters”***

### **Tribo ni Bado Newsletter**

is a monthly publication of the Alpha Phi Omega Greater Los Angeles Alumni Association exclusively for its members, families and friends. The opinions expressed herein are those of the writers, and are not intended to represent APOGLAAA.

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Dan Nino • Photos from FB/Viber pages

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Bodgie Gapido • Emma Rubina-Galang  
Ferdie Yambot

# Pictures from ACNA 2023 Spring Meeting in Chicago



Alpha Phi Omega Philippines, Inc.  
and Alumni Council of North America

Present

## APO ACNA's 15<sup>th</sup> IHMDO Mission

(International Humanitarian Medical Dental Optical Mission)

May 18, 2023 | Abuyog, Leyte



In cooperation with

APO Eastern Visayas Administrative Region  
APO Alpha Omicron AA and Abuyog LGU



**34<sup>th</sup> ALPHA PHI OMEGA**  
PHILIPPINES, INCORPORATED  
**National General Assembly**  
TACLOBAN CITY MAY 19-21, 2023

## DRESS CODE

### Day #1

#### Motorcade



Fratshirt

#### Cultural Night (Barrio Fiesta Pintados):



Tie Dye shirt and Ripped jeans  
(no sando, no slippers)

### Day #3



Election Day  
Convention Shirt

### Day #2

#### Plenary



Filipiniana/Barong

#### President's/ Chairman's Night



Formal Attire  
(Long Gown-Coat & Tie)

Tara na sa Tacloban.....

**REGISTER NOW!**



## ***The 2023 LA Marathon*** By Bodgie Gapido *Continued from page 1*

The journey begins . . . with the two marathons I joined, I ran almost with no preparations. I got my little gym at home to stay active, run for fun, and hiked a couple of mountain trails under any weather condition and I endured. My first marathon was on March 20, 2022. Nobody among my circle of friends knew that I will be into this kind of challenge not until an hour prior to the marathon. Yes, I finished both marathons but they were extremely difficult. They were both physically and mentally challenging. I had to set my mind to it, be prepared for the length of time to finish 26.2 miles and the agony of enduring the physical and emotional stress that came along the way. I used my intuition on the body mechanics and physiology of the human body . I walked and ran every day with my training canine buddy Bailey. I did this almost every day to make my leg muscles stronger thus, making my heart and lungs even stronger.

I still believe that I am not of that ripe age, but just the same, I took it in stride to prepare my body and mind to it. This preparation phase, to me, should be stress free. It was a big challenge indeed. Some runners hired marathon trainers and attended marathon classes but not me. Unfortunately, on my first marathon, I got infected with COVID 19. This took a toll on my preparation but I just had to go on. I studied the marathon route, paid attention to elevation gain which was my Waterloo, and I immersed myself by watching past events on YouTube. I decided my fate whether to go for the full marathon as soon as I get to Mile 13 water station.

Around 6:00:AM at the jam-packed Dodger Stadium, marathon runners were assembled at the starting line. The feeling was surreal. I couldn't believe I was with thousands of runners ready to face the agony of finishing the event. No marathoner runs without feeling any pain after. It is how one endures the pain and the mind set of finishing the race that count. The motivational words from the speaker, the music, the emotions building up, filled the air with excitement. At 7:00AM, I was at the starting line, feeling elated as we were starting to run, and I felt goose bumps as I heard the synchronized footsteps of thousands of marathoners going downhill from the Dodger Stadium. I was euphoric the first few miles. It was incredible I was running in one of the famous marathons all over the world! I will endure no matter what and this is my second!

After a few hours of running, I saw my fraternal brethren at the Mile 13 Water Station. This gave me a boost of energy to go on. As the race continued, I felt aching sensations on my feet and my greatest fear was hitting the wall or my legs would fail. I really wanted to finish the race and to do so, I had to run to my real limit. I just had to keep on running. My rest period was doing my brisk walking to keep up with my time but still it was a struggle. The crowd's words of encouragement, funny posters, the magical beat of the Chinese war drums, the blistering music just pump you up with renewed energy. Thanks to the volunteers who provided the runners with unlimited hydrating fluids, carbo gel, fruits, dough nuts, comforting balm, leg massage at the cramp stop, and the shot of beer distributed along the way. Without this support, the runners would not have gone the distance.

As soon as I saw the 24 mile mark, I started to kick my stride to the finish line but my left leg felt cramps. As soon as I saw the crowd at the finish line, I felt the rush of energy through my system. This is it! There is no turning back! As I crossed the finish line, I grabbed my medal and savored the feeling of doing another great deed.

Well, nobody said this would be easy, but nothing beats the feeling of accomplishment. My decision to join these runs made me feel proud. I conquered my fear and I think I still have the desire to join another marathon? It remains to be seen. As they say running is addicting!



*Bro. Bodgie showing off his LA Marathon race finisher medal and bib number after a grueling 26.2 mile run*

# Pictures from 2023 LA Marathon Service @Mile 13





# BUSCAPADE REBIRTH TRIUMPHS

*By Bro. Ferdie Yambot*

Hail to the CHIEF (rather the CHEF) who painstakingly sourced, cooked/ googled, careful basket-staking and selling (though lugi) of BALUT! Yesss, we would not call him Prez BOYSTAG for NOTHING!

And to everyone's surprise, a now famous name...PABLO! Ha ha ha. You are magnificent Bro Prez Pablo; keep it going!

Our hats off to the movers . . . Sis Irma/Bro Alex A (most generous, Kulit Rene Y, d' First lady Winnie, and the PI ladies, Bro Francis and Sis Oyet, Bro Henry who patrolled the aisle like Pantranco vendors, conductors checking everyone's needs. Empanada, hopia, boiled saba, raisins along with spring water and sodas were served for free! What a privileged bus trip to Harrah's; fully cherished in fun and laughter all the way. It didn't matter that most pockets got emptied (except for a few) but camaraderie is PRICELESS!

Some sort of scares/excitement too . . . The ride was partly like a NASCAR experience as the driver navigated the crowded highway 15 like a maniac not to mention the expert gliding of the zigzag . . . Wheew! He must have learned a few tricks from RP taxi drivers in his olden days in Manila, while stationed at Clarkfield!

And more importantly, Prez Boystag made a few bucks...to be exact for a total of \$ 2862 broken down as \$2,480 (56 participants & 6 replacements = 62 x 40). Proceeds for the sale of goods plus bingo shares was \$ 236 (way less than puhunan, haist} and expenses at \$239 (driver's tip and trivia prizes)

The \$600 deposit refund is on the way and therefore, the \$ 2,862 profit stays.

Special mention must be made of generous donors: Sis Irma/Bro Alex A for balut, roasted peanuts, raisins, tote bags and cute Moccasins shoes, Kulit ReneY for empanadas and hopia, First Lady Winnie for boiled peanuts, boiled banana, Bro JR for the sodas and Norma/Danny C for the spring water and to all cash donors, mentioned in our Viber.

Lastly, our sincerest appreciation of the movers hard work! It took patience, resilience, and a ton of sleepless nights to make this little event happen! We all can read their hearts.

It's all worth it!!! Till next time.



## ***Pictures from Harrah's Resort Southern California Buscapade***



# APOGLA Easter Picnic



## GALSTER WILDERNESS PARK

1620 E AROMA DR.  
WEST COVINA 91791

**SATURDAY, APRIL 15, 2023**

**HIKING - 9AM-11AM**

**PICNIC LUNCH - 11AM - 2PM**

**GAMES & EGGHUNT - 2PM-4PM**

**GMM - 4PM**

**SIS HAZEL - (626) 977-3150**

**BRO BODGIE - (626) 340-5124**

*Fellowship to follow at Bro Bodgie's Residence*

1648 GRENABLE AVE., WEST COVINA 91791



**LOIDA LEWIS**  
AND  
BLAIR S. WALKER

## WHY SHOULD GUYS HAVE ALL THE FUN?



AN Asian-American Story  
of Love, Marriage,  
Motherhood, and Running  
a Billion-Dollar Empire

## ATTY. LOIDA NICOLAS LEWIS

COMMUNITY LEADER, PHILANTHROPIST, BUSINESSWOMAN & NaFFAA National Co-founder

## Join NaFFAA Greater Los Angeles

Meet & Greet & Photo-op  
with the author

## Book Signing



With Participation  
of Jannelle So

Friday, April 14, 2023 | 6pm - 9pm

**Shadow Park Clubhouse**  
**12770 Alconbury St, Cerritos, CA 90703**



To order:  
<https://givebutter.com/CasSPZ>  
ZELLE : 562-388-8524

RSVP: ERLINDA GRANADA-SABAH : 562.682.9576  
NOEL S. OMEGA : 747.777.9811  
LYNDA JOHNSON : 310.650.6159  
Cerritos Councilmember

Pre-register:  
**\$35.00**

for A personalized signed copy  
Refreshment will be served

\*\*\*Check-in with the security at the gate\*\*\*

## PROPOSED SCHEDULE OF ACTIVITIES

MONTH	GMM	SERVICE ACTIVITY	FUNDRAISING ACTIVITY	Reach out program/visit	OTHER	ACNA	FUND
MARCH	3/18 - West Hills, CA Tony & Ofel Amon	3/19 - LA Marathon Egay Nino Franco. APOMunti-BBOX 4/15 - Easter Picnic & Blood Drive @ Park near Bro Bodgie's			Workshop: Financial - Marilou	3/24-26 APO MIDWEST	
APRIL	4/15 - West Covina Bodgie Gapido	Food Bank - TBD	1/1 Buscapade		Workshop:		
MAY	5/27 - Lake Perris Campsite	5/27 - 5/29 - Memorial Day Camping Bernard Gopez. Tacloban Service	Marketplace	Comm. Service		5/19-22 Tacloban	
JUNE	6/17 - TBD	Food Bank			Workshop:		
JULY	7/16 - Emma Galang 8/19 - Jobee	Com service (Tree planting)					
AUGUST	Jovellanos/Hazel Salas 9/16 - Lakewood	Blood Drive - TBD	Golf Tournament Fundraising - TBD		Workshop:		
SEPTEMBER	Danny Carrasco	9/16 - Beach Clean-up Operation Gratitude - TBD				9/1-3 Seattle: GWAPD. Seattle	
OCTOBER	10/21 - TBD	Election/Halloween - TBD			Workshop:		
NOVEMBER	11/23 - Santa Clarita December Affair	11/23 - Thanksgiving Celebration Host TBD		Reach out program/visit Brods/Sis/Fa mily Members - Thanksgiving			
DECEMBER	Venue & Date TBD	12/31 - New Year's Eve Celebration					DEC Affair - TBD

TBD Activities - Golf Tournament, Workshops (computers/apps/music), Buscapade (March or April)

Workshops are scheduled before GMM

## FROM MY POINT OF VIEW

### Book Tour on “Why Should Guys Have All The Fun”

*By Bro. Dan E. Nino*



I'll digress a little bit about my topic on this issue of our TNB to write a mini review of a book that's written by a phenomenal and brilliant woman from Sorsogon City. I chose this topic because her life story is so fascinating and the book is riveting.

While reading her memoir, I chuckled, wept, astonished, inspired and what have you.

It bolstered my opinion that no matter how we designed our life to be or how our parents want us to chart our destiny, it's God who had plans and purpose for us.

Prominent Filipino-American author, immigration lawyer, philanthropist, activist and businesswoman, Loida Nicolas Lewis will be in town on April 14 for a book tour and signing for her well-acclaimed 224-page autobiography, “Why Should All Guys Have All The Fun.”

Tita Loida as she is fondly called wanted to be a nun, but she became a lawyer and business entrepreneur. Her dad wanted her to run for public office in her province of Sorsogon but instead her path brought her to America and made a name for herself in a multi-national and multi-million dollar corporation in New York and Paris. In the process, she hobnobbed with the Rockefellers, the Obamas and the Clintons, among others.

Her book which was launched in March at two Barnes & Noble bookstores in Manhattan, New York, will be relaunched in the West Coast at the Clubhouse of Shadow Park, Cerritos, hosted by the National Federation of Filipino-American Associations (NaFFAA) Greater Los Angeles of which I'm also involved with. NaFFAA will again host our Philippine American Friendship Day celebration on July 15 which was attended by several brethren from APOGLA and APO South Bay last year as volunteers.

This memoir will share her down-memory-lane from her affluent upbringing and a near fatal truck mishap in her bucolic town of Sorsogon in the Bicol Region — to her days at St. Theresa's College to the University of the Philippines where she graduated with her law degree. She was a classmate of APO Bro. Jojo Binay. After passing the Philippine Bar, her businessman dad Francisco, Sr. sent the newly-minted lawyer to New York with her mother, Magdalena. There, she met her husband, Reginald Francis Lewis, a Harvard-trained lawyer on a blind date.

The hard-driven, bi-racial couple, eventually rose to fame and a life of luxury when they purchased several prime estate properties around Manhattan, acquiring several businesses on a leveraged buyouts (LBOs) like McCall Pattern Company and the billion dollar Beatrice International Holdings, Inc. with headquarter in Paris, France with business units in several countries in Europe, Asia, and Australia.

The well-written autobiography is a no-hold barred, honest-to-goodness, melodramatic, self-deprecating content in a fastidious fashion fraught with challenges, discrimination, racial bigotry, passion, infidelities, luxury and then some. But they overcame all these together with determined husband, Reginald Francis Lewis, who is one of the richest Black-Americans in America listed on Forbes Magazine.

“Loida Lewis’ memoir is infused with abundance of humor and obvious love for her late husband, Reginald. Expect to laugh and feel the romance vicariously through her eyes,” commented Lea Salonga, another prominent celebrity of Filipino descent who had earned her stripe in the stage musical, Miss Saigon.

This latest book of Loida N. Lewis is a sequel of her first two books, “How to Get a Green Card” and “How the Filipino Veteran of World War II Can Become a US Citizen” and soulmate Reginald F. Lewis’ “Why Should White Guys Have All the Fun.” Lewis died of brain cancer at the age of 50 in January 1993.

Interested parties may call Erlinda Granada-Sabah @ 562-682-9576, MaryAnn Omega @ 747-777-9811, Lynda Johnson @ 310-650-6159, or yours truly @ 562-508-8099. The venue of the Meet & Greet and Cocktail with the participation of TFC broadcaster Jannelle So-Perkins is: Shadow Park's Clubhouse on 12770 Alconbury St., Cerritos, CA 90703. – [denino1951@gmail.com](mailto:denino1951@gmail.com)



## ***GOINGS ON*** by Sis. Fely Logarta-Montecillo

*It's April and so many exciting things are going on! For one, we have what is called the pink moon this month. As per "The Old Man's Almanac", the Pink Moon doesn't get its name because of the moon's actual color. April's full moon is often associated with a wildflower called "phlox subulata" which also goes by the name "moss pink". This is the first full moon of April.*

*And why is April 1 called April Fools' Day? It is an annual custom consisting of practical jokes and hoaxes on that day. The custom of setting aside a day for playing harmless pranks upon one's neighbor has been relatively common in the world historically.*

*This month we also have the holiest season for Christians -the Lenten Season, the Holy Week, Easter. This month too, we have the LA Marathon where many of us participated with volunteer work. Other notable days are Golfer's Day, National Mature Women's Day, Bataan Day, and World Health Day.*

\*\*\*\*\*

*Most of all, many of you are celebrating your birthdays this month. HAPPY BIRTHDAY to all of you!*

*Those born from March 21 to April 19 are under the Zodiac sign Aries while those born from April 20 to May 20 are under the Zodiac sign Taurus.*

*Aries people are bold and ambitious, confident, passionate, motivated and have a cheerful disposition.*

*The Taurus individual is hard headed, down to earth, reliable, loyal and sensual. They are also hardworking, dedicated and stubborn.*

*We're so looking forward to your blowing the candles of your birthday cake soon!*

\*\*\*\*\*

*VP Sis Ofel Amon is embracing the responsibility of her office with such gusto. We're referring to her duty of inviting new members to our organization. Easy? No! After the initial acceptance of the new members to APOGLA, she still has to check the veracity of their membership. And that, I know, is not that easy. We do wish her luck in this endeavor. She intimated to me that she's thinking of forming a membership committee for efficiency and accuracy. Wish you luck on this Sis!*

\*\*\*\*\*

*Everyone's agog over the coming APO ACNA Biennial Convention in Seattle, Washington this coming September 1-3, 2023. The registration is going on until July 15. To register, go to [www.greaterwashingtonAPO.com](http://www.greaterwashingtonAPO.com). So, if you have plans of going, better prepare for smooth sailing or should it be for smooth flying?*

# **TREASURER'S REPORT** By Sis. Emma Rubina-Galang

1. Almazan, Alex**	37. Ford, Biebic	73. Posadas, Rey
2. Almazan, Irma**	38. Galang, Emma	74. Remorozo, Gerald
3. Alvarado, Larry	39. Gapido, Bodgie	75. Reyes, Roehl
4. Amon, Ophel	40. Gopez, Bernard	76. Rivera, Art
5. Amon, Tony	41. Imperial, Gloria	77. Romero, Ed
6. Angeles, Oscar	42. Jaramilla, Ogie	78. Rondilla, Dony
7. Ang-Gayon Melody	43. Junio, Virgil	79. Sager, Limuel
8. Angsula, Bong	44. Lara, Bobet	80. Salvador, Buddy
9. Antonio, Bobby	45. Lautchang, Wilson	81. Serrano Eric
10. Aralar, Eric	46. Layno, Mary Ann	82. Sevilla, Bobby
11. Arevalo, Lester	47. Linsangan, Jun	83. Sipin, Perry
12. Arroyo, Geoffrey	48. Lumague, Framel	84. Soledad, Apple
13. Atienza, Oscar	49. Lumague, Ginalyn	85. Solis, Tess*
14. Ayo, Toti	50. Magsino, Jimmy	86. Somera, Herman
15. Baltazar, Jay	51. Maidin, Yusup	87. Sugay, Jay
16. Bayani, JR	52. Mamaril, Ferdie	88. Sy, Sancho
17. Bonette, Malene	53. Mansilla, Beeboy	89. Tarculas, Josie
18. Cajucom, Willy	54. Marte, Rocky	90. Tarculas, Lito
19. Calvario, Rene	55. Maskarino, Ronelle*	91. Tecson, Ed
20. Carbon, Joel	56. Medina, Mishael	92. Tecson, Raul
21. Carrasco, Danny	57. Mejia, Francis	93. Toderera, Jay-R
22. Castillo, Nards	58. Mendoza, Armand	94. Umandal, Ruel
23. Cervana, Paul*	59. Mercado, Bebot*	95. Valdecantos, Henry
24. Chin, Jhun	60. Miranda, Shane	96. Valentino, Hero
25. Clarete, Sam	61. Montecillo, Fely	97. Valera, Liza
26. Conferido, Ruben	62. Nino Dan	98. Ventura, Beth
27. Cordova, Jaime	63. Ninofranco, Edgar	99. Villaver, Eleonor
28. David, Betta	64. Pablo, Joel	100. Villaver, Melvin
29. David, Chris	65. Paggao, Jerome	101. Yambot, Ferdie
30. Dime, Emmanuel	66. Pangilinan, Angel	102. Yenke, Rene
31. Evangelista, Domel	67. Paras, Roland	
32. Evangelista, Jen	68. Paredes, Vic	
33. Fajardo, Marilou	69. Pascual, Winston	<i>As of April 6, 2023</i>
34. Fernando, Rubilyn	70. Pastores, Alex	* <i>New members</i>
35. Ferrer, Jojo	71. Peneza, Bobet	** <i>Paid extra year/s</i>
36. Flores, Rudy	72. Perez, Aldren	

## **HAPPY BIRTHDAY APRIL CELEBRANTS**



### **MEMBER:**

- 01 - Chito Atangan, Bobby Sevilla
- 02 - Bobet Peneza
- 04 - Dimples Vallesteros
- 06 - Julius Parayno, Mark Sabalburo
- 09 - Melody Ang-Gayon
- 12 - Jet Rosal, Vic Fisico+
- 13 - Herman Somera
- 15 - Troy Agagon
- 16 - Butch Alo, Raul Tecson, Chris Silva
- 17 - Alan Orbe
- 19 - Willy Alejandria, Danny Carrasco
- Mac Lichauco
- 20 - Paul Languisan
- 22 - Ryan Abaigar
- 24 - Christian David, Lester Arevalo
- 25 - Oca Brillo, Karim Azar Grajo
- 27 - Mike Cardenas, Egay Ninofranco
- 28 - Ellery Atienza
- 30 - Pete Villaver

### **SPOUSE:**

- 05 - Luzviminda Vinluan
- 06 - Christa Paredes
- 07 - Veronica Medina
- 08 - Fatima Medina, Teresa Paras
- 11 - Rose Lichauco
- 12 - Maricar Gopez
- 15 - Nellie Parayno
- 22 - Jennifer Valdecantos
- 25 - Lulu Somera
- 27 - Babeth Jayoma
- 28 - Josie Likwong, Cherrie Rosal
- 30 - Beth Capulong

### **APO KIDS:**

- 01 - Jaybe David, Dimples Serrano
- 02 - Jon Andrei Arciga, John Paul Turallo
- 04 - Alezza Pagdanganan
- 06 - Christopher Ayo, Zanie Zamora
- 09 - Chowee Sy, Virgil Junio, April Rivera
- 10 - Samantha Cajucom, Ajay Pangilinan
- 11 - Kingston Argonza
- 13 - Maurice Chua
- 16 - Paco Franco
- 17 - Nelia Barcelona, Laura Bautista
- Cameron Valdecantos
- 18 - Erica Galang, Helena Marte
- 20 - John Paul Languisan, Jean
- Valdecantos, Jestie Villanueva
- 22 - Dashiell Samoy, Maryann Nonato
- 23 - Sebastian Tavera
- 24 - Joenille Baxal, Christibel David
- Carmina Lichauco
- 25 - Marialita Estrada
- 26 - Arianne Posadas, Jenevie Amon
- 27 - Cynthia Bautista
- 29 - Melvin Villaver Jr.
- 30 - April Johanne Ang, Maegan Marie Serrano

**Please send your  
\$50.00 Annual Membership Dues to:  
SIS. EMMA RUBINA-GALANG  
15844 Londelius St., North Hills, CA 91405**

**Please make check payable to: APOGLA  
OR Zelle to: [apogla.info@gmail.com](mailto:apogla.info@gmail.com)  
Zelle account under: APOGLA AA**

## **APRIL GENERAL MEMBERSHIP MEETING**

Join us on Saturday, April 15, 2023  
Galster Wilderness Park  
1620 E Aroma Dr., West Covina, CA 917  
9 AM - 11 AM - Hiking  
11 AM - 2 PM - Picnic Lunch  
2 PM - 4 PM - Games and Egghunt

5 PM - GMM

Venue at:

Bro. Bodgie Gapido's Place  
1648 Grenoble Ave.  
West Covina, CA 91791



For other details contact:

Bro. Rene Calvario (323) 828-8862  
Sis. Ophel Amon (818) 970-4614

[www.apogla.org](http://www.apogla.org)